



# CAMP NAVARRO

## MEAL PLAN

**BREAKFAST** - SATURDAY & SUNDAY - **8:30AM - 10:30AM**  
**DINNER** - FRIDAY, SATURDAY, SUNDAY - **5:00PM - 7:00PM**  
*(V / GF) = Vegan / Gluten Free*

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### FRIDAY DINNER

Bolognese Lasagna  
Pasta Bake (V/GF)  
Garlic Bread *(Vegan / Gluten Free option)*  
Garden Salad  
*Choice of dressings: Balsamic Vinaigrette or Roasted Garlic Dressing*

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### SATURDAY BREAKFAST

French Toast - *(Vegan / Gluten Free option)*  
Applewood Smoked Bacon  
Chicken Apple Sausage  
Beyond Breakfast Sausage (V/GF)  
Herb & Truffle Scrambled Eggs  
Plain Scrambled Eggs  
Tofu Scramble  
Fruit Salad  
House made Granola (V/GF)  
Chia Pudding  
Yogurt

### SUNDAY BREAKFAST

Strata  
Applewood Smoked Bacon  
Chicken Apple Sausage  
Beyond Breakfast Sausage (V/GF)  
Spicy Mexican Tofu Frittata (V/GF)  
Plain Scrambled Eggs  
Home Fried Potatoes (V/GF)  
Fruit Salad  
House made Granola (V/GF)  
Chia Pudding  
Yogurt

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### SATURDAY DINNER

BBQ from the Smoker  
Ribs & Chicken  
*Served with choices of BBQ sauce*  
Stuffed Peppers (V/GF)  
Cornbread *(Vegan / Gluten Free option)*  
Pinto Beans  
Garden Salad  
*Choice of dressings:  
Buttermilk Dressing or Balsamic Vinaigrette*

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### SUNDAY DINNER

Taco Dinner  
Shredded Chicken & Beef  
*served with corn tortillas*  
Vegan Walnut Cauliflower Taco "Meat"  
Fajita Veggies  
Black Beans & Spanish Rice  
Salsa, Sour Cream & Guacamole  
Shredded Cheddar & Jack Cheeses  
Shredded Lettuce  
Fresh-sliced Jalapeno & Cilantro

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**NO ON-SITE MEAL PLAN SALES**  
**CAMP NAVARRO IS A CASHLESS PROPERTY**